

Before The Storm

HURRICANE PREP

CHECKLIST

& DISASTER RESOURCES



211



GET CONNECTED TO DISASTER RESOURCES IN YOUR AREA



When you don't know where to start, start with 211.

Remember, 211 is here to connect you to critical resources during disasters, but your preparedness is the first line of defense. Together, we can ensure your community stays resilient and ready for any challenge ahead.

Get Connected to disaster resources like sandbags, tarps, temporary storm shelters, food pantries, clothing & diapers, utility assistance, tools & supplies, and more!



DIAL
211 or
225-923-2114



TEXT
your Zip Code
to 898-211





HURRICANE PREP CHECKLIST: ✓

Tips

- Have an Evacuation Plan
- Learn CPR
- Prepare for winds/flooding
- Secure Outdoor Furniture
- Get Gas
- Check Your Generator

Food and Water

- Nonperishable Food, 7 Days Worth
- Baby Food/Formula
- Water, 1 Gallon Per Person Per Day
- Can-Opener
- Napkins, Utensils, Paper Plates, Cups, Trash Bags, Knife

Personal Items

- Glasses/Contacts
- Soap
- Toothbrush/Toothpaste
- Deodorant
- Shampoo
- Feminine Hygiene Items
- Shaving Kit
- Medication

General

- Flashlights
- Batteries
- Battery-Operated Radio
- Matches/Lighter
- Cash
- Chargers
- Power Bank
- Sandbags
- Ziploc Bags

Medical/First Aid

- General First Aid Kit
- Adhesive Bandages
- Gauze Pads
- Disinfecting Wipes
- Antiseptic
- Hand Sanitizer
- Pain Reliever
- Antacids
- Pain Reliever

Important Documents

- Birth Certificates/SS Cards
- Copy of Will
- Medical Insurance Cards
- Car Insurance/Documentation



CAPITAL AREA 10-PARISH DISASTER RESPONSE INFORMATION

PARISH	EMERGENCY MANAGEMENT	SHERIFF'S OFFICE	WEBSITE
East Baton Rouge	225-389-2100	225-389-5000	brla.gov
West Baton Rouge	225-346-1577	225-343-9234	wbrparish.org
Point Coupee	225-694-3737	225-694-3737	pcparish.org
Iberville	225-687-5140	225-687-5100	ibervilleparish.com
East Feliciana	225-683-8577	225-683-8572	efparish.org
West Feliciana	225-635-3864	225-635-3241	wfparish.org
Ascension	225-450-1200	225-621-8300	ascensionparish.net
St. Helena	225-222-4549	225-222-4413	sthelenaparish.la.gov
St. James	225-562-2500	225-562-2200	stjamesla.com
Assumption	985-369-7386	985-369-2912	assumptionla.com
Livingston	225-686-2266	225-686-2241	livingstonparishla.gov



After The Storm

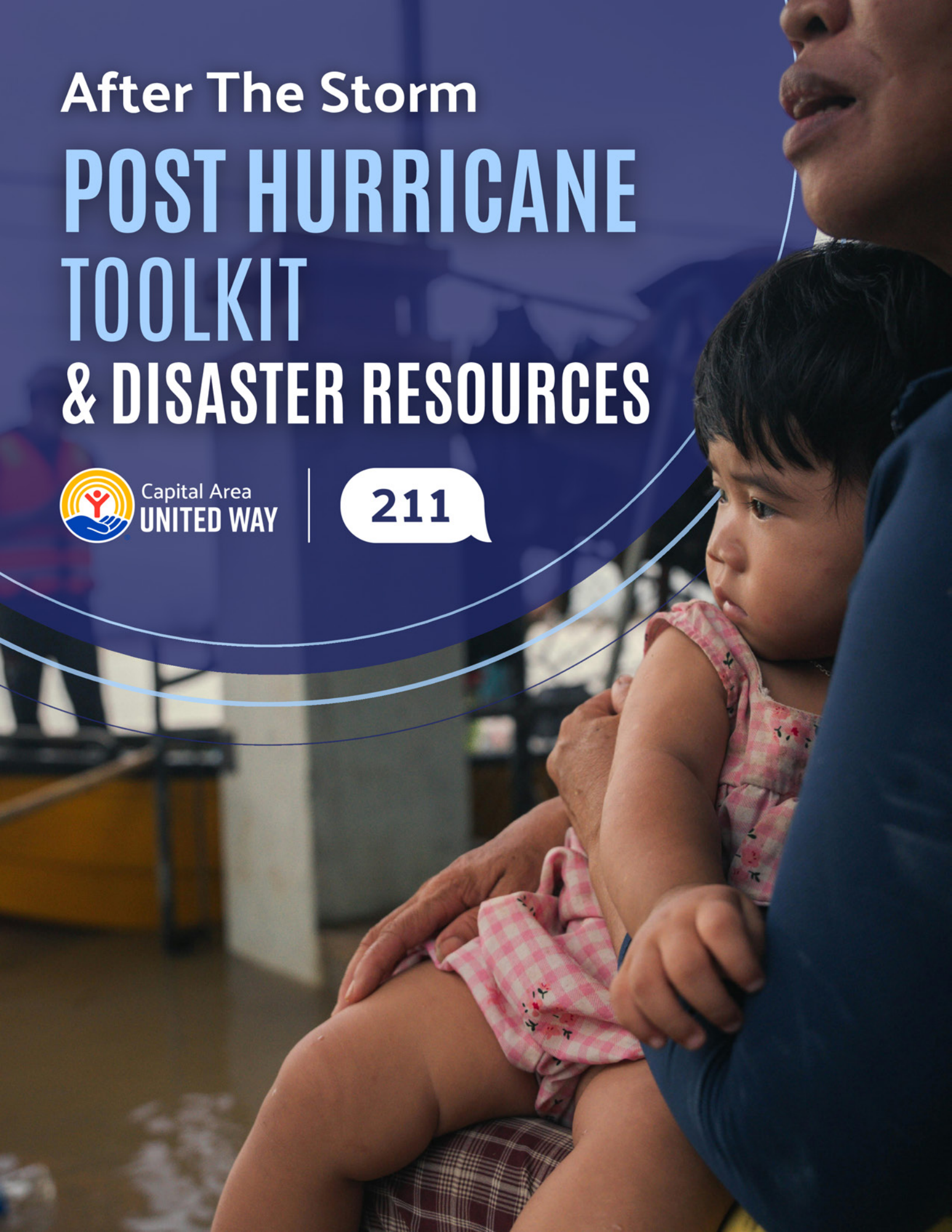
POST HURRICANE

TOOLKIT

& DISASTER RESOURCES



211



GET CONNECTED TO DISASTER RESOURCES IN YOUR AREA



When you don't know where to start, start with 211.

Remember, 211 is here to connect you to critical resources during disasters, but your preparedness is the first line of defense. Together, we can ensure your community stays resilient and ready for any challenge ahead.

Get Connected to disaster resources like sandbags, tarps, temporary storm shelters, food pantries, clothing & diapers, utility assistance, tools & supplies, and more!



DIAL
211 or
225-923-2114



TEXT
your Zip Code
to 898-211



www.cauw.org/211

After the Storm: **FIRST THINGS FIRST**



**Continue listening
for updates from
local authorities**



**Check in with family
and friends to ensure
everyone's safety**

**Do NOT return home
until the authorities
declare it's SAFE**

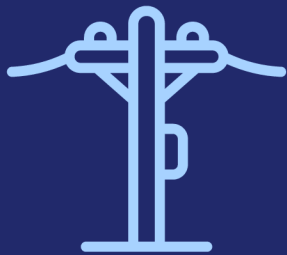


After the Storm: THINGS TO KNOW



Avoid Floodwater

- Don't drive through flooded roadways. You're vehicle may stall or can even get swept away by the currents.
- Floodwater may contain germs, chemicals, human/livestock waste, downed powerlines and other contaminants. If you do come in contact with it, wash your hands immediately.



Avoid Powerlines

- Be mindful of fallen powerlines and any that may be hanging overhead.
- If you notice any downed powerlines, call the electric company and report them.



Be Cautious Around Damaged Buildings

- Be mindful of any downed trees, powerlines, floodwater and other debris.
- Do NOT enter damaged buildings unless it has been determined safe by local authorities.
- If you hear unusual noises, GET OUT. Damaged buildings can shift or make strange noises when they are about to fall.

After the Storm: RETURNING HOME



Avoid re-entering your home if floodwaters remain around the building or if you smell gas.

Before Re-entering Your Home



ALWAYS wear protective clothing and work with a partner in order to keep yourself and others safe.



Use a flashlight instead of candles. Open flames could ignite leaking gas, if present.



Do NOT touch any electrical equipment that is wet or if you are standing in water. If it is safe, turn off your electricity at the main breaker to prevent electrical shock.



Take photos of any property damage before you begin cleanup efforts in case your insurance agency needs them to file a claim.

After the Storm: RE-ENTERING YOUR HOME



When Re-entering Your Home



Do NOT drink or cook with tap water unless it has been declared safe by local authorities



Air out rooms and clean your home with disinfectant to prevent mold growth



Throw out any food that may be unsafe.
(Anything that has remained at 40° F or colder is safe to eat.)



Throw away anything that's wet and won't dry quickly
(mattresses, couches, etc.)



Inspect your home and report any damage/losses as soon as possible.



Prevent further damage to your property

- Holes in the roof broken windows should be covered with a tarp or plastic sheeting.
- This is important because most insurance doesn't cover damage sustained after the storm.

After the Storm: WHAT'S NEXT?



Have Your Home Inspected

- Before you begin repairs, ensure that your home is safe.
 - Contact a licensed contractor to check structural integrity of your home, an electrician to inspect the wiring, a plumber for the water lines and the gas company for any gas line breaks.
-



Preparing for Future Storms

- While you repair and rebuild, consider any updates you can make to your home to better prepare yourself for a future storm. These updates can be crucial in avoiding future damages.
-



Purchase Flood Insurance

- If you don't have it already, consider purchasing flood insurance to help with any future damages a storm may cause.

After the Storm:

TAKING CARE YOURSELF



Emotional Health

- Stress, anxiety and depression-like symptoms are common reactions after a disaster
- It is important to take care of yourself so you can be clear minded and react to you and your family's urgent needs.

SAMHSA Disaster Distress Helpline

- If you or someone you know is feeling emotional distress due to the disaster, call or text 1 (800) 985-5990
- You can also call or text "988" to speak with a trained crisis counselor.

988

**SUICIDE & CRISIS
LIFELINE**



211

CAPITAL AREA 10-PARISH DISASTER RESPONSE INFORMATION

PARISH	EMERGENCY MANAGEMENT	SHERIFF'S OFFICE	WEBSITE
East Baton Rouge	225-389-2100	225-389-5000	brla.gov
West Baton Rouge	225-346-1577	225-343-9234	wbrparish.org
Point Coupee	225-694-3737	225-694-3737	pcparish.org
Iberville	225-687-5140	225-687-5100	ibervilleparish.com
East Feliciana	225-683-8577	225-683-8572	efparish.org
West Feliciana	225-635-3864	225-635-3241	wfparish.org
Ascension	225-450-1200	225-621-8300	ascensionparish.net
St. Helena	225-222-4549	225-222-4413	sthelenaparish.la.gov
St. James	225-562-2500	225-562-2200	stjamesla.com
Assumption	985-369-7386	985-369-2912	assumptionla.com
Livingston	225-686-2266	225-686-2241	livingstonparishla.gov



Capital Area
UNITED WAY

211



Capital Area
UNITED WAY

LOUISIANA EMERGENCY INFORMATION



Louisiana Department of
Transportation & Development

Dial "511" or 888-762-3511

511la.org

EMERGENCY.
Louisiana.gov

Emergency.Louisiana.Gov

emergency.la.gov



Get A Game Plan

Hurricane Preparedness

App & Planner

getagameplan.org



Louisiana State Police

In Case of Emergency, Dial 911

lsp.org



Get Connected. Get Help.™

Louisiana State 211

For critical local resources,

Dial "211"

Text your Zip Code to 898-211

Visit www.louisiana211.org

*available 24/7 even during disasters

GET CONNECTED TO DISASTER RESOURCES IN YOUR AREA



When you don't know where to start, start with 211.

Remember, 211 is here to connect you to critical resources during disasters, but your preparedness is the first line of defense. Together, we can ensure your community stays resilient and ready for any challenge ahead.

Get Connected to disaster resources like sandbags, tarps, temporary storm shelters, food pantries, clothing & diapers, utility assistance, tools & supplies, and more!



DIAL
211 or
225-923-2114



TEXT
your Zip Code
to 898-211



www.cauw.org/211