

Before The Storm

HURRICANE PREP

CHECKLIST

& DISASTER RESOURCES



211



GET CONNECTED TO DISASTER RESOURCES IN YOUR AREA



When you don't know where to start, start with 211.

Remember, 211 is here to connect you to critical resources during disasters, but your preparedness is the first line of defense. Together, we can ensure your community stays resilient and ready for any challenge ahead.

Get Connected to disaster resources like sandbags, tarps, temporary storm shelters, food pantries, clothing & diapers, utility assistance, tools & supplies, and more!



DIAL
211 or
225-923-2114



TEXT
your Zip Code
to 898-211



Capital Area
UNITED WAY





HURRICANE PREP CHECKLIST: ✓

Tips

- Have an Evacuation Plan
- Learn CPR
- Prepare for winds/flooding
- Secure Outdoor Furniture
- Get Gas
- Check Your Generator

Food and Water

- Nonperishable Food, 7 Days Worth
- Baby Food/Formula
- Water, 1 Gallon Per Person Per Day
- Can-Opener
- Napkins, Utensils, Paper Plates, Cups, Trash Bags, Knife

Personal Items

- Glasses/Contacts
- Soap
- Toothbrush/Toothpaste
- Deodorant
- Shampoo
- Feminine Hygiene Items
- Shaving Kit
- Medication

General

- Flashlights
- Batteries
- Battery-Operated Radio
- Matches/Lighter
- Cash
- Chargers
- Power Bank
- Sandbags
- Ziploc Bags

Medical/First Aid

- General First Aid Kit
- Adhesive Bandages
- Gauze Pads
- Disinfecting Wipes
- Antiseptic
- Hand Sanitizer
- Pain Reliever
- Antacids
- Pain Reliever

Important Documents

- Birth Certificates/SS Cards
- Copy of Will
- Medical Insurance Cards
- Car Insurance/Documentation



CAPITAL AREA 10-PARISH DISASTER RESPONSE INFORMATION

PARISH	EMERGENCY MANAGEMENT	SHERIFF'S OFFICE	WEBSITE
East Baton Rouge	225-389-2100	225-389-5000	brla.gov
West Baton Rouge	225-346-1577	225-343-9234	wbrparish.org
Point Coupee	225-694-3737	225-694-3737	pcparish.org
Iberville	225-687-5140	225-687-5100	ibervilleparish.com
East Feliciana	225-683-8577	225-683-8572	efparish.org
West Feliciana	225-635-3864	225-635-3241	wfparish.org
Ascension	225-450-1200	225-621-8300	ascensionparish.net
St. Helena	225-222-4549	225-222-4413	sthelenaparish.la.gov
St. James	225-562-2500	225-562-2200	stjamesla.com
Assumption	985-369-7386	985-369-2912	assumptionla.com
Livingston	225-686-2266	225-686-2241	livingstonparishla.gov



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